

Fact Sheet For Condom Drainage

What is Condom Drainage?

It is an external urinary drainage system for men who are experiencing urinary incontinence. It is a 2-piece system that requires a condom catheter (sheath) and a drainage bag to collect and drain urine.

Common names for Condom Drainage

- External sheaths
- Urisheaths
- External catheters
- Penile sheaths
- Condom catheters
- Uridome

What is a Condom Catheter?

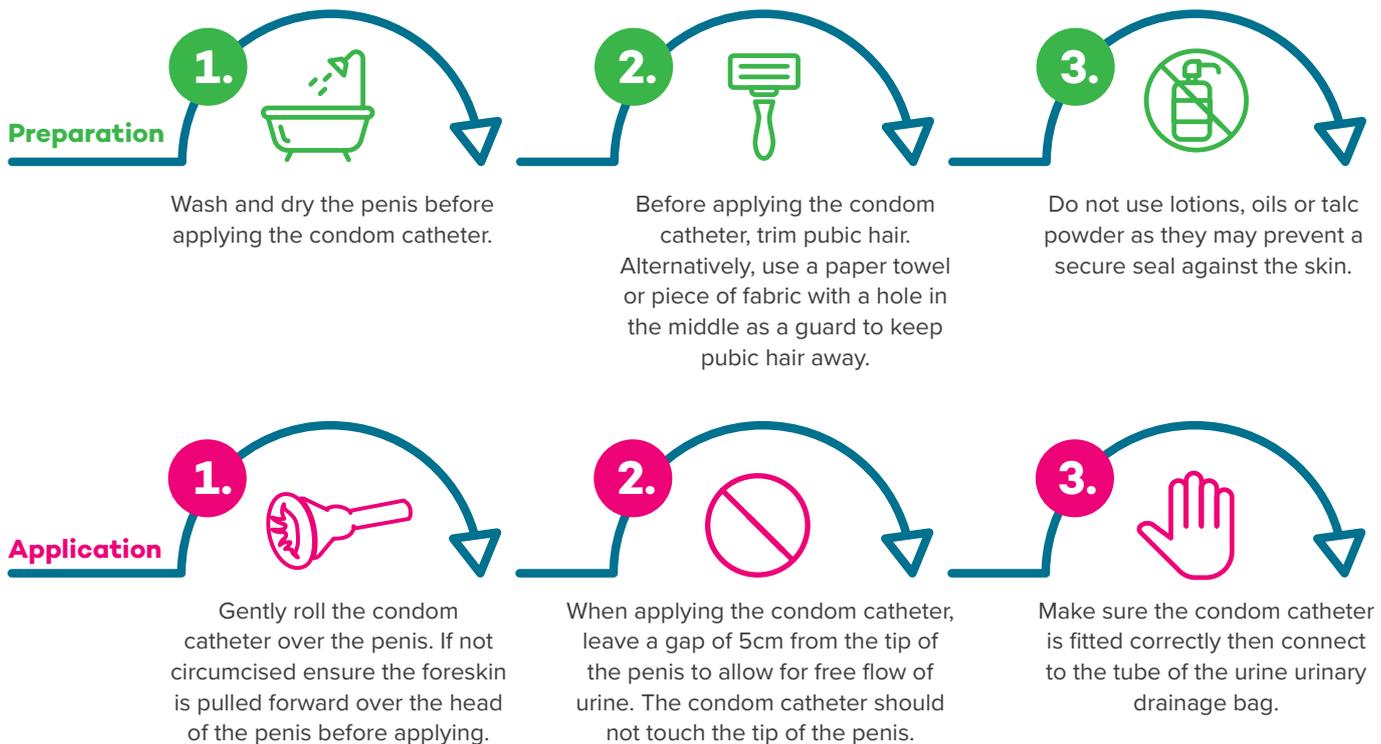
A latex, silicone or sheath that is placed over the penis and attached to a tube. Urine drains through the tube and into a drainage bag. A condom catheter drains urine without putting a catheter into the bladder through the penis.

How it works

- The condom catheter is connected to the tube of a urinary drainage bag.
- The condom catheter is then attached to a urinary drainage bag or drainage bottle, where the urine is stored until it is emptied into a toilet.
- A urinary drainage leg bag (also called a day bag) is attached to your leg. The holding capacity of leg bags vary from 350ml to 750ml of urine
- An overnight drainage bag (also called a night bag) can be added to the system at night by connecting it to the leg bag. These bags can attach to the bed frame or mattress. They may also suit a person who is in bed all the time, as these bags hold up to 2 litres of urine.



Preparation and application



Handy usage tips

Leg straps

If you are using a urinary drainage day bag, use the catheter leg strap that comes with your kit to secure the urine bag to your leg just below your knee.

Extra capacity

Connect a night drainage bag to a day drainage bag to increase your total volume capacity for urine collection, while also providing more tubing that is less likely to disconnect when moving around in bed overnight.

Urine flow

Position the urinary drainage bag below the level of the bladder so that urine flows downwards.

When to empty

Empty the urinary drainage bag when it is $\frac{2}{3}$ full.

1. Hold the urine bag over a large container on the floor or over the toilet.
2. Open the drainage bag tap.
3. Let the urine flow out of the drainage bag into the container or toilet.
4. Close the drainage bag tap.

Open taps

Ensure the tap is always open at the bottom of the urinary day drainage bag if a larger night drainage bag has been added to the leg bag. Urine will not drain from the leg bag into the night drainage bag or bottle if the tap is closed.

Bag placement

If you are in bed, you can attach the drainage bag to the bed using a drainage bag holder or stand. If you are sitting in a chair, you can attach the urine drainage bag to your leg.

Always use as directed

- Condom catheters are made of several different materials. Do not use a latex catheter if you are allergic to latex.

When should you contact a healthcare provider?

- The penis becomes red, purple, or swollen
- Your urine is thick, cloudy, or has mucus in it
- Your urine looks pink or red
- Your urine has a strong smell
- No urine has drained into the urinary drainage bag for 6 to 8 hours
- You have pain or burning when passing urine
- You have shaking chills, or your temperature is over 38.3° C

To purchase your **Condom Drainage** product requirements, you can visit

www.independenceaustralia.com.au/condom-drainage for quick and discreet home delivery.